* 3 Lemons Water, 25
* 1 Lime 37
* 6 organic Bananas Smoothies
* 1 Apple 41
* 1 bunch Swiss Chard 24, 28, smoothies
* 1 bunch Lettuce 37, salads
* 1 Cilantro 37
* 2 handfuls Green Beans 28
* 4 zucchinis 31
* 1 red bell pepper 28, 37
* 1 green bell pepper 28, snacks
* 1 jalapeno (optional) 37
* 4 medium Tomatoes 37, snacks
* 4 Yellow Onions 24, 28, 41, 43
* 1 Red Onions 24, 37
* 3 Sweet Potatoes 28, 41
* 2 Garlic bulbs 43 + others
* 3 Avocados 27, 30, 41
* 1 container Cherry Tomatoes 34, snacks
* 1 Cauliflower optional riced cauliflower 34, 37
* 2 bags large Carrots 24, 34, 43, snacks
* 1 bag Celery 24, Snacks
* 1 bag Snap Peas Snacks
* Wholly Molly Guac – refrigerated 37 (plus if want extra -snacks get snack packs)
* 8 Chicken breasts 25, 27, 41
* 5-6 Chicken thighs 40
* 1 ground Turkey or Chicken 28
* 1-2 bone-in Turkey breast 43
* 1 lbs grass-fed beef 31
* 1/2 cup cashews (bulk section) 40

Check Pantry for:

Peas (34) Honey Coconut Aminos

Ginger root (34, 40) Broth (1/2 cup) Apple Cider Vinegar

2 jars tomato paste Almond Butter

1 jar diced tomatoes